

Dr. Itzhak Dreamer

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Founder and Developer of

# Ultimate Medicine

To all doctors and health providers  
across the globe

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## **Dr. Itzhak Dreamer**

Dr. Dreamer is the founder and developer of Ultimate Medicine, Quantum Mind Medicine, Hypno Contact, and Immediate Psychology.

Dr. Dreamer is also author and coauthor to the following books in Hebrew:

- Hammers or Hearts and Dollars
- The Human Code
- Secrets Of Love
- Genesis The Eternal Sequence
- The Inanimate Soul

Dr. Itzhak Dreamer

**Founder and developer of Ultimate Medicine**

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# Patient Testimonials for Dr. Dreamer's Newest Publication

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A letter of congratulation to my dearest friend, Dr. Itzhak Dreamer. I write this recommendation with immense pleasure and admiration for the recently published book, "Ultimate Medicine."



Your exceptional intellect and vast reservoir of wisdom have shone through once again, promising to illuminate the path for contemporary humanity.

Each epoch brings forth individuals possessing the rare insight to perceive the reality in its entirety. Without any doubt, you are one of those exceptional few in our current generation. Your vast wisdom and holistic understanding of life and existence reflect the profoundness of your thoughts.

Having been privileged to work closely with you, collaborating on numerous projects and co-authoring intriguing books that beautifully intertwine science and Kabbalah, I've witnessed your dedication and commitment to embodying the highest virtues of love and compassion. Your devotion to practicing "Love thy neighbor as thyself" is commendable and profoundly inspiring.

May all your endeavors continue to be blessed with success and contribute significantly to the betterment of our world.

Humbly yours,

Yosef Hai ben Avraham

## Yosef Hai ben Avraham

Rabbi Misterei Haim

Author of over 30 books on various subjects and the developer of Light Medicine.

Over the years, Dr. Dreamer has treated me with great success for many minor ailments, usually after one treatment.



I have always had a slight heart arrhythmia that never caused me a bit of trouble until I underwent a very stressful period. It morphed into a full-blown AF (atrial fibrillation), which required hospitalization and suddenly defined me as a heart patient. The medical system tried to mold and label me as a very sick person and began prescribing several medications.

My body got into the habit of reacting to stress by going into heart fibrillation mode rather than coming down with a cold or flu. The medical system would respond with various harsh measures to bring my heart back to sinus rhythm at all costs and put me on certain medications that proved very toxic to my liver. Contrary to all reason, it harmed the rest of my systems for the sake of controlling my AF.

Dr. Dreamer gave me a series of treatments that, in his words, "reset the brain," convincing my body that there were other ways to deal with stress than fibrillation.

In a nutshell, I have been my healthy, active self for over 15 years, living a normal life and only taking the lowest dose of medication that slows my arrhythmia.

He simply gave me my life back and won my everlasting gratitude.

Tzviah Idan

## Tzviah Idan

Owner of an Old Egyptian Arabian thoroughbred horses farm and a world expert on their pedigrees.

Thanks to Dr. Dreamer's unique concepts and his unique Ultimate Medicine, he managed to cure my family members and me.



Alon Aboutboul

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## Alon Aboutboul

A leading Israeli and international actor. He co-starred alongside actors Leonardo Di Caprio, Russel Crow, Christian Bale, Tom Hardy, Aaron Eckhart, Heath Ledger, and many others in major Hollywood movies such as The Dark Night Rises and London Has Fallen. He also acted in many Israeli films and series.

As the saying goes, "Desperation can lead us to try anything," and that's exactly how I felt when I first heard about your groundbreaking treatment method from a friend. I was skeptical, to say the least, but the thought kept recurring, "Why not? What have I got to lose?" And so I decided to take a leap of faith.



I'll admit that when we first met, my skepticism only grew stronger. However, a small voice within persuaded me to go through with it, to give it a fair shot and see where it leads. I'm glad I listened to that voice.

From the moment I stepped into your treatment room, I was on the verge of turning back and retreating to my comfortable cocoon of disbelief. But something held me back, a spark of hope, perhaps, that maybe this could be the turning point I'd been seeking.

I still cannot adequately put into words what happened that day. All I know is that once I allowed myself to let go, to release my doubts and skepticism, my life transformed in ways I had never imagined.

Today, I see you not just as a doctor but as a beacon of hope, a guide showing people how to hit the reset button on their bodies and lives. I am ever grateful for the second chance you have given me, and my family shares this sentiment.

Dr. Dreamer, I extend my deepest gratitude to you, not only from me but also from my wife and children. You are indeed a godsend. Your unique approach to health has offered me a new lease on life, for which I will be eternally grateful.

**Rami B.**

(preferred to remain anonymous)

Rami B is the owner of a prominent Israeli media company.

Dr. Dreamer, I extend my deepest gratitude to you, not only from me but also from my wife and children. You are indeed a godsend. Your unique approach to health has offered me a new lease on life, for which I will be eternally grateful.



Every once in a while, we encounter individuals who not only conquer their adversities but do so with grace and determination that they inspire us all. Vital Zinger, the renowned Israeli athlete, and Gold medalist at the European Wheelchair Ballroom Dance Championship, is one such remarkable individual.

Behind her triumphant smile on the podium and the national anthem echoing in the hall, there's a story of struggle, persistence, and ultimate victory against chronic pain. Few are aware of the grueling journey she has been through, with treatments that only seemed to worsen her condition over the years.

But, as they say, "When the going gets tough, the tough get going," and that's precisely what Vital did. Her turn of fortune came when she sought the help of Dr. Dreamer, a renowned chiropractor specializing in a unique therapeutic approach named Ultimate Medicine. This blend of conventional treatment techniques with advanced methods proved to be the breakthrough that Vital needed.

"Dr. Dreamer was a game-changer," she recalls. "He was the only one who managed to bring about a significant improvement in my health. I was in a dire state before I met him, relying heavily on painkillers and medical hemp. However, a few sessions under his careful supervision transformed my life. I was not only able to regain my health but also perform at my best in the Paralympics."

Today, thanks to Dr. Dreamer's personalized treatment strategy, Vital Zinger is not just a testament to resilience but also an epitome of health and fitness. She continues to dance, compete, and inspire many around her.

Her recovery, she says, "feels like a miracle," and her subsequent successes are a reflection of her hard work, willpower, and Dr. Dreamer's exceptional therapeutic intervention.

Vital now stands as one of the top athletes globally in her category, all thanks to Dr. Dreamer. As she maneuvers her way through life and competitions, she embodies the spirit of an athlete who has overcome the odds to achieve greatness.

In conclusion, it's heartening to see how the proper treatment, applied with the necessary understanding and patience, can yield life-altering results. Dr. Dreamer's Ultimate Medicine has proven to be a beacon of hope for those battling chronic pain, like Vital. His remarkable work stands as an inspiration to many in the medical fraternity.

Vital Zinger

## Vital Zinger

An Israeli gold, silver, and bronze Paralympic medalist. She won 5 gold medals, the most recent in 2019 at the Polish Open Championship.

Hi everybody.

My acquaintance with Dr. Itzhak Dreamer goes many years back. He is directly responsible for my current lifestyle and the smile I have every day. For over fifteen years, I've suffered from chronic pain in my back, which tens of doctors and hundreds of different pills failed to help. Those who treated me didn't know what they were doing.

Then, in about 1997, I met Dr. Dreamer, who diagnosed my condition correctly and applied the proper treatment that changed my life.

Dr. Dreamer has saved thousands of lives throughout his life, restoring the joy of life to countless people... he's practically a miracle worker.

I've been his patient and closest friend for the last twenty-five years. During this period, I experienced an enormous improvement in my health due to Dr. Dreamer's treatment of me in various fields. In addition to the spinal problems, as I mentioned above.

The Dreamer method combines the following methods:

Chiropractic medicine- I have already spoken about it.

Mental treatment- I have learned from Dr. Dreamer that the problem is usually not the problem itself but how we react. It lowered stress and created body and mind health, as well as everything in between.

Biochemical healing- Following Dreamer's advice, I switched to a mostly vegetable and fruit diet, with nearly no animal products. Your body is like an engine; to function normally, it needs the



right fuel.

Quantum Healing- on a regular basis, which is about the prevention of problems instead of responding to them. It relaxes accumulated tensions, making your responses more relaxed, reasonable, even, and to the point, avoiding over-dramatic reactions.

Conventional medicine- in emergency cases. Being a lover of extreme sports, such as motorcycling, surfing, and sailing, I sometimes need traditional medical intervention.

Dr. Dreamer's treatment upgraded my life, turning them from dull, black and white to a multicolored action movie.

Dudi Binyamin

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## Dudi Binyamin

A decorated Israeli Police serviceman who had served in the Israeli Police Special Forces, CSI Unit, PR department, and construction contractor for the Israeli Police. For all these activities, he was recognized as Chief of Police Distinguished Serviceman.

"I have been treated with Dr. Dreamer's Ultimate Medicine treatment for the last five years. I first came to his clinic because of a chiropractic issue. Namely, I lost sensation in my left thigh for several months, and nothing helped me. After a few treatment sessions, Dr. Dreamer made it disappear. Afterward, he treated my overweight issues with biochemical therapy, combining diet and supplements. I always felt Dreamer found the proper solution for me, thanks to his professionalism and unique treatment."



Shimon Miron

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**Shimon Miron**

A CEO of one of Israel's biggest insurance companies.

I went to Dr. Dreamer after 11 years of indescribably throat pain, countless treatments by doctors, examinations, and even consulting Rabbis and fortune-tellers, which failed to help me.



I heard about Dr. Dreamer from my sister, who recovered her ability to walk normally after dragging her feet all her life until then. On the first session, Dr. Dreamer diagnosed me; on the next one, he unblocked my airways. After the fourth treatment, I could already whisper and speak low painlessly; after a 24-session treatment, I was practically reborn. As part of my job as a law firm CEO, I speak a lot every day in courtrooms and on the phone, and my throat issues disappeared completely.

I consider it a divine miracle. Thank God for Dr. Dreamer.

Adv. Avi Priel

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**Adv. Avi Priel**

A law firm manager.

I want to express my great appreciation to Dr. Dreamer, a man of rare intellect and an even rarer capacity to treat his patients' bodies and minds, sometimes only within one session.



Thank God for allowing me to get to know him. I wish mainstream healthcare systems all over the world would embrace his method.

Yulia Shamalov-Berkowitz

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### **Adv. Yulia Shamalov-Berkowitz**

A former Knesset Member and the director of the Israeli Broadcasting Authority.

I am writing to share my profound gratitude and recommendation for Dr. Itzhak Dreamer, who has transformed my life in ways I could never have imagined.



As a teenager, I was plagued by severe neck and spine pain, which threatened to derail my dreams of a physically demanding career. My enthusiasm for physical activities felt dimmed by the constant discomfort, and I was desperately concerned about my future.

Then, I found Dr. Dreamer. His approach was more than merely addressing the symptoms; he delved deeper to help me understand the root cause of my pain. Not only did he offer physical remedies, but he also provided psychological support, assisting me in comprehending my condition and learning how to manage it effectively. His comprehensive care truly defines his practice.

Thanks to Dr. Dreamer, the pain that was once a constant part of my life is now a thing of the past. The change wasn't just physical - it was holistic. My outlook on life transformed, my spirits were uplifted, and most importantly, my dreams were restored.

Today, I am living proof of Dr. Dreamer's expertise and dedication. I am not just free of pain - I am thriving. I am the pilot I had always aspired to be and a Squadron Commander in the Air Force. This dream would not have become a reality without Dr. Dreamer's invaluable guidance.

His professionalism, coupled with an unyielding passion for his career, has made him an exceptional healer in my eyes. I recommend Dr. Itzhak Dreamer with the utmost respect and heartfelt appreciation. His services are not merely medical treatments, but they are life-changing experiences.

Lt-Col. Eran K.

**Lt.-Col Eran K.**

An Israeli Air Force fighter pilot and Squadron Commander.

The book you hold now is more than just a book. It is one of those books you can read again and again at a particular crossroads in your life since it always sheds a unique light on it, showing you the road you should take. What Dr. Dreamer presents in this book is nothing short of the near future of medicine. His ideas may seem too unorthodox now, but in a few years, people might ask how we could have settled for doctors who only practiced one kind of medicine and had one expertise, ignorant of all others.



The physicians of the future could choose between focusing on one specific expertise or specializing in a great variety of fields to comprehensively address the problems of patients, achieving an effective and quick recovery.

Dr. Adam Winter

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### **Dr. Adam Winter, D.C.**

A chiropractor and a functional neurologist. In addition, he is an expert on attention and focus problems in children and adults, and various spinal, nervous system, and skeletal problems.

I have known Dr. Dreamer for the last 12 years. As a colleague and as a patient, I have experienced his great knowledge and experience.



Dr. Dreamer is rare in his abilities and a genius in his knowledge as a person and as a physician. In front of his eyes stands the whole patient, his body, soul, nutrition, and his energetic quantic state, while considering the conventional diagnoses to achieve maximum treatment and help.

His professional view is groundbreaking in its genius and is relevant to the world now more than ever.

Thank you for being you!

Dr. Mirit Asayag

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## **Dr. Mirit Asayag**

A doctor of chiropractic, a specialist in rehabilitation after road accidents and orthopedic surgeries, a functional neurologist, and a master in acupuncture.

Dr. Itzhak Dreamer is a true pioneer in the field of Ultimate Medicine. His work is precise and grounded in science while at the same time advanced in the subtleties of energetic perception. He works miracles not just with the body but with multidimensional levels of the soles. He is the embodiment of Ultimate Medicine.



Zvi Ish-Shalom

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## Zvi Ish-Shalom, Ph.D.

Professor at Naropa University and author of The Kedumah Experience, and The Path of Primordial Light

# The Five Pillars of Ultimate Medicine

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## What is Ultimate Medicine

In our quest to comprehend the concept of Ultimate Medicine, it is essential first to lay a groundwork of understanding regarding the nature of human beings. So, what indeed are human beings? In essence, they are an intricate construct of information, energy, and a minuscule fraction of matter. They emerge as a condensed form of light, woven into the familiar shape of the human body, encapsulating what we perceive as the Human Energetic Cosmic Signature.

Each person is a distinctive Human Energetic Cosmic Signature, appearing and interacting with the world uniquely. We each carry our individual voices, fingerprints, retinal patterns, DNA sequences, gait, and physical appearances. The creation of a human evolves from the abstract to the concrete, originating from the quantum field of probabilities, transitioning into waves of possibilities, to sub-particles, to particles, to atoms, to molecules, to cells, to tissue fibers, to organs, to systems, until we reach the totality of a complete human being.

Hence, it becomes evident that a human being is primarily a manifestation of energy, information, and light. It is a well-known fact that an atom is almost entirely comprised of space - precisely 99.999999999999% - which contains energy and information. The remaining minute 0.000000000001% of the atom is matter, located in the nucleus. This means that humans are, in fact, almost intangible, consisting mainly of energy, light, space, and information.

The insights I have shared here are intended to illuminate the essential nature of our human constitution. It underscores the current approach to treating health issues, which primarily

focuses on the physical part, the 0.0000000000001% matter of a human being. Essentially, we are trying to remedy what is nearly non-existent, thereby bypassing the vast majority of what constitutes our being.

Given that introduction, how does all of the above connect to Ultimate Medicine?

In the future of healthcare, practitioners will need to incorporate a new body of knowledge into their professional repertoire, a deeper understanding of Redder or the Human Energetic Cosmic Signature. This novel paradigm will find a place within an emerging academic degree in medicine, known as UHPD or Ultimate Health Provider Doctor, a qualification borne out of five pillars. Four of these pillars are rooted in well-established academic fields, while the fifth, Quantum Mind Medicine (QMM), will be elaborated further in subsequent discussions.

Our contemporary health ecosystem is a mosaic of DCs, MDs, DOs, and various other healthcare providers, each armed with distinct educational backgrounds, diagnostic tools, and treatment modalities. While there are instances of overlap, each professional role carries its unique responsibilities and capabilities. The UHPD qualification seeks to amalgamate these diverse facets of human health into a single, all-encompassing role.

The unified five pillars under the UHPD umbrella include Conventional Medicine, Chiropractic and Osteopathic Medicine, Biochemistry and Nutritional Medicine, Psychology, and the revolutionary Quantum Mind Medicine. This transformative approach to healthcare equips practitioners with a comprehensive understanding, turning them into a multifaceted conduit of care – a doctor with five specialties rolled into one.

The era when a single professional could effectively address the myriad health concerns of a patient is behind us. The complexities of modern health issues, which can manifest as diseases, discomfort, pain, fear, dissatisfaction, and accidents, require a far more sophisticated approach to diagnosis and treatment.

An isolated tool in a practitioner's kit cannot serve the intricate needs of modern patients. A doctor relying solely on pharmaceutical interventions or surgical procedures can only provide a fraction of the necessary care. Similarly, a practitioner focusing on spinal and joint therapies, nutrition-based interventions, psychology, or energy-based treatments individually will find their offerings limited.

Hence, the inception of the UHPD degree, an advanced qualification designed to train the Ultimate Health Provider Doctor. This new wave of practitioners would embody the essence of five distinct medical disciplines, earning them the title of Ultimate Medicine. Their comprehensive training and diverse knowledge will enable them to provide an unprecedented level of care to their patients.

However, ushering in this new era of healthcare won't be easy. Encouraging professionals entrenched in their disciplines to step beyond their comfort zones, leave their egos behind, and embrace a broader spectrum of knowledge from other healthcare fields will undoubtedly be a formidable challenge. But it's a challenge worth undertaking for the sake of the ultimate goal – the health and well-being of patients.

## **The first pillar of Ultimate Medicine: Conventional Medicine**

The imperative role that Western or conventional medicine plays in our healthcare system is an incontestable fact. This discipline has matured significantly over several centuries, notably aligning with the scientific paradigm around three hundred years ago. In the context of acute medical emergencies, its life-saving interventions are indeed irreplaceable. From groundbreaking discoveries such as antibiotics and penicillin to our contemporary understanding of germ theory, Western medicine has been at the forefront of transformative innovations that have drastically increased human lifespan and improved quality of life.

Moreover, this discipline has introduced notable advances in sanitation, providing a comprehensive understanding that internal disorders can manifest from external influences and be treated as such. Further, the development of imaging techniques like MRIs, CT scans, and ultrasounds, along with the advent of anesthesia, has revolutionized healthcare by enabling less invasive, more humane treatments and procedures.

Western medicine is more than a healthcare system—it's a common language that healthcare professionals across the globe speak, allowing them to communicate efficiently and facilitate collaborative care. Complementing this shared language are essential diagnostic tools, like blood work, lab analyses, and genetic testing. These investigations form the cornerstone of our clinical decision-making process.

To illustrate this, let's consider the case of a patient who presented to our clinic with severe lower back pain. Leveraging our understanding of medical language and diagnostic tools,

we suspected kidney stones—an internal condition that could present as lower back pain—and directed her to undergo the appropriate tests. This information then guided our approach to her treatment and prescription choices.

In another case, a patient with a diagnosed heart condition came to us, her symptoms worsening despite the medication. Following a detailed evaluation, we discovered her problem was primarily digestive, not cardiac. The medications initially prescribed for her heart condition were ineffectual and introduced new complications. By altering her treatment plan, she showed substantial improvements.

These cases highlight the dynamic role that Western medicine plays in diagnosing and treating a myriad of health conditions. The field's contributions to our understanding of the human body, disease, and the application of therapeutic interventions have indelibly shaped the landscape of healthcare as we know it today.

Yet, our journey to understanding health and disease is far from over. Each patient encounter, each baffling health condition, invites us to revisit our knowledge, challenge our assumptions, and search for better ways to diagnose and treat. The patient's well-being remains the central focus of our efforts, and our commitment to this goal prompts us to continue learning and evolving.

In recent years, the call for a more comprehensive, more integrated healthcare model has grown louder. As patients' understanding of health and their expectations from healthcare providers evolve, we find an increasing demand for a new generation of healthcare providers equipped with broader skills and knowledge.

This is where the concept of Ultimate Medicine comes in, an idea that calls for a deeper understanding of various health professions contributing to an all-encompassing healthcare degree. Despite its immense contributions, conventional medicine is only one part of this complex puzzle.

Recognizing this, after their general medical training, many medical professionals pursue advanced study in specific areas of medicine or body systems, becoming specialists in their chosen fields. While their expertise is critical, they must also understand that specialization can limit their ability to deliver comprehensive patient care without an integrated, holistic view of human complexity.

To rise to this challenge, we must begin integrating our expertise into a more comprehensive practice—an evolution, if you will, of our approach to healthcare. Through this, we aim to enhance patient care, not by replacing existing methods but by using a broader toolkit of treatment methodologies. As we progress on this journey, we continually redefine the boundaries of medicine, integrating the invaluable contributions of various healthcare professions into a single, patient-centered practice.

The evolution of healthcare isn't just a challenge—it's an opportunity, a call to action. To answer it, we must continue learning, evolving, and integrating, pushing the boundaries of what we know and what we can do, and redefining healthcare for the generations to come.

## **The second pillar of Ultimate Medicine: Chiropractic**

As the primary receiver, converter, conductor, and transmitter of signals, the brain operates seamlessly with its extension – the spinal cord, housed within the spinal column. It's a well-established fact that the majority of information flowing from the brain to various bodily organs and systems, and vice versa, traverses through this spinal cord. As a result, any mechanical dysfunctions or reduced mobility of the vertebrae – due to injury, chronic factors, congenital anomalies, or any other reasons – can cause misalignment or malfunction of these vertebrae. Subsequently, this can disrupt nerve conduction from the brain to the body and vice versa. Such interference in nerve information and energy flow can induce malfunctions in the body's organs and systems, eventually leading to illness, pain, and an overall decline in well-being.

Across the globe, people receive chiropractic treatments daily, reaping immense benefits from this distinctive profession. In certain countries, the chiropractic discipline is even integrated into hospital care. Some medical practitioners have expanded their knowledge and expertise by pursuing chiropractic education, and earning dual degrees to become comprehensive health providers. This pattern is not unidirectional; some chiropractors have also pursued medical degrees, understanding the synergistic benefits of combining these disciplines. However, in my view, this combination, while impressive, is not all-encompassing.

Chiropractic's unique blend of art, science, and philosophy has earned a well-deserved reputation. I staunchly believe that comprehensive health cannot be achieved without the chiropractic

profession's contribution. As the nervous system is the body's primary system, its examination, diagnosis, and treatment by chiropractors are essential for optimal health. Hence, chiropractic serves as one of the cornerstones of Ultimate Medicine.

## **The third pillar of Ultimate Medicine: Biochemistry**

Next, we delve into the integral role of human biochemistry in health. This involves everything we consume, from food and drinks to nutritional supplements, vitamins, minerals, enzymes, co-enzymes, and the microbiome. Their relationship to health and disease is paramount. Without understanding this crucial aspect that significantly impacts our health, a doctor cannot claim to be an all-around ultimate health provider.

I've often encountered patients who sought medical treatment for various conditions, such as oncology and cardiology patients, yet none of them had been questioned about their nutritional habits.

Take for instance, a high-ranking military official who visited my clinic carrying a hefty dossier. After reviewing her files, I asked how I might assist her. She responded despairingly, stating that she had already consulted the country's top medical professors. I understood her predicament but insisted on understanding her issue. She told me she'd been fainting without warning for months, which led to several hospital stays. She had been examined by neurologists, endocrinologists, psychologists, and hematologists, but none could offer a diagnosis or effective treatment. Given her sensitive military position and rank, concerns over her professional future escalated. I reviewed her recent blood work, brain scan results, and other parameters,

then asked about her daily water intake. She said she never drank water, instead consuming two to three liters of diet soda daily to stay alert. No doctor had asked about her water intake before. Surprised, she questioned the relevance. I gently explained that she might soon understand the connection. In disbelief, she asked for her diagnosis. I informed her that she was severely dehydrated and the chemicals in her diet soda mimicked neurotransmitters, causing a neurological interference that resulted in her fainting spells. I assured her this was a treatable condition, not a chronic disease. She began drinking water, stopped consuming diet soda, and soon, her fainting spells ceased. This example illustrates how a lack of understanding of the connection and significance of human biochemistry to a patient's condition and well-being can lead to misdiagnoses.

Innumerable examples testify to the importance of nutrition, vitamins, minerals, enzymes, co-enzymes, and other vital elements to our health. Their absence can pave the way for severe illnesses. Proper nutrition is a key pillar of good health, but sadly, a large part of the Western world grapples with diseases, sickness, and poor health due to improper food choices. A significant portion of this is attributed to obesity, a known precursor to many health issues. As such, doctors and other health providers need to possess knowledge and education about biochemistry, nutrition, vitamins, and related fields. Too often, I encounter patients from oncology wards who've completed their treatments but have resumed or continued their previous diets. In many instances, these diets likely contributed significantly to their malignant conditions, among other factors.

Many psychological and mental conditions can be traced back to poor nutrition, vitamin and mineral deficiencies, and issues

with the microbiome, leading to brain-gut syndromes. Yet, most mental disorders are treated with medication or a combination of medication and diet. There's a comprehensive connection between biochemistry, hormonal balance, gene expression, and overall human health and well-being. This integral link cannot be ignored when diagnosing, treating, and prognosticating our patients. To exclude the nutrition aspect of human health would be like driving a car with a missing wheel; it may still run, but not optimally.

What we consume and supplement our bodies with is as crucial to our overall health as the type of fuel we use for our cars, directly impacting functionality. Unlike a car, however, the human body can endure and operate on incorrect fuel for a period. Eventually, the strain becomes overwhelming, and the body manifests this stress as signs, symptoms, diseases, illnesses, and other ailments. Hence, every patient in our clinic completes a form detailing their eating and drinking habits, including meal times. We cannot fully diagnose a patient without understanding the 'fuel' sources that power their bodies. It's important to note that numerous causes of diseases exist, but I am currently highlighting the paramount significance of biochemistry and nutrition. The foundations for a vibrant, functional human life encompass the following:

1. Clean air to breathe
2. Clean, potable water
3. Precise, high-quality nutrition
4. Life source energy (a topic for later discussion.)

By this juncture, the crucial role of nutrition and its overarching influence on our health and well-being should be clear. The UHPD degree incorporates this biochemistry and nutrition role to mold and develop the Ultimate Health Providing Doctor.

## **The fourth pillar of Ultimate Medicine: Psychology/Psychiatry**

Consider the influence of our psyche, soul, spirit, emotions, and thoughts on our overall health. A chance elevator conversation with a neighboring psychiatrist—who had been practicing for around 40 years—led me to ask what percentage of human illness and disease emanated from the mind, soul, and thoughts. He responded that 70%-80% of conditions have such roots, and upon further reflection, he even proposed that the figure could be as high as 90%.

Our psyche, soul, and spirit are integral to our health and well-being. I once treated a female patient who presented with a general decline in her health, characterized by weight loss, low energy, depression, high blood pressure, and a heart condition.

Despite ongoing medication, her general health continued to decline rapidly. Having reviewed her history, blood chemistry, and medication list, I asked her a simple question: Why are you not well? She was taken aback, informing me that no other doctor had ever posed this question. She confessed that she believed the root cause of her illness was a personal failure—two of her four children remained unmarried, a fact she took to heart.

This led to a novel treatment approach involving a psychology technique I had developed. After a few short sessions, we identified the root cause leading to her mental and emotional state and offered her solutions. The revelation that one of her children was gay and the other didn't believe in marriage allowed us to slowly ease her mind by providing alternative perspectives. As her self-blame began to dissipate, her health improved remarkably.

Her psyche was clearly the leading cause of her illness and overall decline. Therefore, to be a comprehensive doctor—an Ultimate Health Providing Doctor—it's necessary to understand human psychology, human behavior, and, to a certain extent, psychiatry.

Every patient completes extensive forms at our clinic that consider their mental and emotional state. This speeds up the process of identifying the root cause of their illness, disease, pain, and depression, among others.

While some patients manifest physical symptoms due to physical causes, others' symptoms are rooted in their mental and emotional states. Such patients require a different form of primary care, one that uses Immediate Psychology to treat the root cause of their symptoms. The patient's mental and emotional state must be examined to determine if it's the root cause of their physical discomfort or illness. We use Immediate Psychology as the primary treatment and then apply other necessary treatments from the five pillars of Ultimate Medicine.

The most essential message here is the crucial necessity of considering the human psyche in our patients' overall health equation. I frequently encounter patients whose illnesses, pain, diseases, fears, and depression originate from their "wounded" souls and spirits. Yet, there are equally as many patients whose ailments, diseases, anxiety, pain, and depression stem from their physical body—perhaps physical injuries, cancer, autoimmune disease, or accidents. Regardless of the origin, the mental, emotional, and spiritual aspects require the doctor's attention and proficiency.

Immediate psychology offers doctors a tool to create solutions within the emotional and mental realm swiftly. Depending on the depth of the patient's needs, it becomes necessary to pursue longer psychological sessions.

Among my numerous patients was a 15-year-old girl who walked into my clinic with her mother. With one side of her head shaved, the girl displayed a serious demeanor, averted eye contact, and radiated sadness. Her mother revealed that she was depressed, not eating or sleeping well, and unwilling to talk to anyone—psychologists, doctors, or anyone. But for some reason, she agreed to speak to me. I allowed her time to acclimate to me and the room, then gently asked how I might assist her. She responded with silent tears but no words—for nearly 25 minutes. We then continued with a QMM treatment for 20 minutes before she returned home. It was only after the fourth treatment that she was ready to talk. At that point, she was happier and more cooperative and shared her entire story of despair and depression. With Immediate Psychology, we transformed her problems into sources of strength, power, and future solutions. Her understanding and transformation of emotional, mental, and soul expression into strength, power, and abilities were key to her healing. This is precisely the understanding and recognition a doctor should possess and apply to patient care.

My patient roster is replete with individuals who have found total health restoration through integrating various forms of medicine—like Ultimate Medicine. Yes, you can medicate them, modify their nutrition, and take numerous other steps to aid your emotionally and mentally overwhelmed patients. But if you don't address the issues directly, your efforts will

hardly help their situation. Therefore, as doctors and health-providing caregivers, we must apply Immediate Psychology (or an appropriate alternative) to aid patients in need.

One of the greatest enigmas we face is the human mind, the human psyche, the human soul, and the spirit. When something within these areas goes wrong, it can completely disrupt health and well-being. Almost every manifestation of human illness originates in the mind in various ways. Many physical ailments may stem from underlying emotional, mental, or spiritual events or occurrences. If you ask your patients about the root cause of their discomfort or illness, they often provide insightful answers. Healthcare providers must examine these aspects of the patient to avoid missing potential hidden causes of disease.

A worried and tearful female patient with breast cancer once came to my clinic. Once she had calmed down, I asked her a simple question: What is the purpose of that undesired growth? After a moment, she started listing the things she needed to change. The tumor and growth in her breast were a dire warning but not her core problem. While her tumor undoubtedly required attention, it was vital to first address her mind, psyche, and soul. We could genuinely address her needs by understanding her main issues and providing the tools to heal. Focusing solely on the tumor while ignoring her core problem—the mental, emotional, and mental causes—would be akin to mowing a lawn and hoping it wouldn't grow back.

In this bustling epoch, how much time can a doctor truly allocate to each patient, understanding their emotional state and the subsequent impact on their health? Indeed, mere referrals to psychiatrists or psychologists for mental or emotional issues may

not provide the complete solution. There's a crucial necessity for a comprehensive connection between doctors treating patients with multifaceted origins for their physical ailments, pain, or diseases. This is where the role of an Ultimate Health Providing Doctor becomes pivotal—someone who can oversee the holistic picture and the leading causes of the patient's conditions.

The importance of Immediate Psychology, coupled with health provider doctors' psychological knowledge and expertise in diagnosing and treating patients, can't be emphasized enough. The state of being unhappy or depressed often correlates with compromised health. Conversely, a contented mind, soul, and spirit tend to culminate in a predominantly healthy body.

## **The fifth pillar of Ultimate Medicine: Quantum Mind Medicine**

Quantum Mind Medicine offers an understanding and a methodology to approach the human quantum realm of existence. Everything revolves around space, energy, and information in the grand scheme of Earth and the cosmos. Thus, as previously mentioned, humans are vibrational, frequency beings, each receiving a specific Redder, or frequenization form, through our heads and bodies. Upon receiving this unique invisible light energy via our heads and brains, our brain transforms this cosmic, invisible energy into biological energy. This biological energy then invigorates our bodies with life force and conveys information to all our body's trillions of components, and so the cycle continues.

As previously mentioned, each individual possesses a unique Redder, a so-called "frequenization ray," a quintessential force

responsible for their creation and defining their very existence. This energy not only imparts the essence of life but also equips them with the necessary information to thrive as terrestrial beings. When the Redder operates optimally, the individual's full potential is manifested through unblemished health and an expansive range of human expressions.

However, an inverse relationship exists between the Redder's strength and the individual's overall well-being. As the frequenization levels of the Redder wane, we witness a corresponding downturn in the health parameters. This decrease, afflicting both the physical and mental domains, paints a clear portrait of the profound implications of a diminishing Redder.

An individual plagued by depleted frequenization levels might be subject to many misfortunes. These misfortunes can manifest in various forms, including accidents, functional impairments, familial disputes, and even the dissolution of marriages. It is hence crucial to understand and maintain one's Redder, this powerful frequenization force, as it dramatically influences the trajectory of our lives.

Our potential frequenization levels can indicate our happiness, our ability to love, and to stand on the constructive side of life. Those who are mentally and physically healthy are proficient in maintaining their frequenization levels at optimum points irrespective of time, place, or circumstance. A constant state of health and well-being, happiness (and by happiness, I do not mean excessive jubilation as in dancing on tables), and an ability to love unconditionally, the low judgment of self and others, and overall success in various life forms are hallmarks of high potentialized frequenization levels. Highly frequenized

individuals may often emerge as leaders in all walks of life—sports, science, acting, politics (indeed, a rare few politicians can!), and more. However, high frequenization does not necessarily require leadership; they often do not follow the herd.

Several factors can influence the fluctuation of our frequenization levels:

Our minds, thoughts, words, feelings or emotions, levels of awareness, and consciousness.

Our nutrition, including everything we consume, our control over our eating habits, addictions, and intake of other substances (alcohol, tobacco, drugs, etc.....)

Our overall behavior encompasses. We are also maintaining well-adjusted spinal and other body joints for optimum nerve flow throughout our body.

Once we meet these conditions, our frequenization levels will likely reach a high and optimal state.

In today's era, the usage of drugs and medication is on a steady rise, to the point where people in the Western world might spend more on medicines than on food. However, as I perceive it, most individuals are not at their optimum potential frequenization form. This scenario reveals the overall frequenization levels of the populace and their state of health. Low frequenization levels often correlate with high levels of sickness and illness, both mentally and physically. That's where Quantum Mind Medicine (QMM) steps in, highlighting the need for future doctors to gain expertise in QMM, along with the other four pillars of Ultimate Medicine.

QMM equips us with the necessary tools to address the energetical realm of our patients. Every patient we see likely has a decreased frequenization level, originating either from the physical, mental-emotional, or biochemical realms. Regardless of whether the physical or the mental realm is affected first, we start with the frequenization of the patient and then proceed with the necessary treatments. Effectively managing our patients' energy levels and power is critical for the patients' self-healing success. Frequenization can be achieved by physically contacting the patient's body. High frequenization levels determine the functionality of cells, tissues, organs, and the overall performance of our body systems.

An apt metaphor for frequenization levels or power is that of a light dimmer. A lightbulb of a specific voltage will function and illuminate best when fed the required voltage. If you reduce the voltage, the lightbulb will not reach its potential for light shading and illuminating abilities.

In the increasingly complex tapestry of medical care, doctors must learn to discern the root causes leading to a decrease in frequenization, guiding their patients towards these origins. After uncovering the reasons, they can instigate the process of frequenization, ushering the patient back to health while concurrently eliminating other foundational sources of the problem.

Medication, supplementation, spinal adjustments, psychological counseling, exercise, rehabilitation, acupuncture, massage, or other treatments may prove ineffective if frequenization doesn't transpire first. A substantial portion of our global patient base suffers from de-frequenization, primarily due to the

following factors: negative thoughts, perpetual self and external judgment, destructive internal monologues, chronic low self-esteem and confidence, obsessions, addictions, and feelings of powerlessness or manipulation by external forces, often resulting in constant frustration and a loss of hope.

Fear, too, is a significant contributor to lowered frequenization: the fear of the unknown, the fear of uncertainty in various life domains, the fear of disease, or the fear of financial instability.

Human DNA activation is fundamentally an energy-driven process. Every bodily function requires energy for operation, and countless cells within our body manufacture energy. If our base energy is highly frequenized, our internal energy production will mirror this. Fear-based thoughts, words, and internal dialogues can sap and diminish our frequenization levels. Living in a state of constant fear consumes more energy than it produces. However, constructive internal self-talk, affirming words, and empowering self-praise coupled with corresponding emotions and feelings can enhance our frequenization levels. When a patient presents symptoms of illness, fear, depression, or injury, the doctor must re-frequenize the patient back to optimal levels and concurrently address other underlying issues.

Another factor that could decrease the frequenization level is our bio-chemistry—notably, our food and drink intake. Many lack essential vitamins, minerals, fats, and proteins. As we've observed, a significant fraction of the Western population is overweight or obese, malnourished, and often consuming the wrong types of foods at improper times. Food is energy, but we must provide our bodies with the correct energy through appropriate nutrition.

Proper nutrition contributes to greater frequenization potential. Feed the wrong energy source—in this case, inappropriate food, nutrition, and beverages—and you risk harm to your entity. This harm can manifest as disease, depression, fear, anxiety, and injury. We live in a world abundant in food (at least for most of us in the Western world). Unfortunately, we tend to abuse food and drinks, consume the wrong kinds of foods, eat at irregular times and frequencies, and overeating—all of which significantly harm and decrease our frequenization potential.

It is a doctor's imperative duty to recognize and address these issues with their patients as the Ultimate Health Provider Doctor. When dealing with our patients, we deal with information, light, and energy, shaping and interacting with matter to experience this world. Feed them correctly, and you will sustain their frequenization level high and healthy.

Quantum Mind Medicine (QMM) forms the bridge that unites all the realms of medicine. Until now, especially in the Western world, the elements of energy, soul, and spirit were often overlooked. Furthermore, using these terms was not seen as "scientific," where medical science predominantly focused on understanding the signs and symptoms of illness and disease, addressing them via chemicals and surgery. QMM offers the ability to comprehend the entirety of the human experience and combine these realms.

The forthcoming cadre of health-providing doctors will be those who, at the very least, comprehend these five facets of the human constitution. The Ultimate Health Providing Doctor (UHPD) degree will be the academic title conferred upon these future graduates. It is time we shifted our focus from a narrow

tunnel-vision perspective of human health to a more expansive vista by broadening the educational scope of the impending generation of health-providing doctors.

Will this innovative approach spell the end of conventional medicine? Most assuredly not, it will bestow upon the diagnosing doctor a more extensive tool kit and provide many treatment options for our patients in need.

The relationship among all facets of human health is analogous to the interconnection of all body cells, tissues, organs, and systems, creating one holistic, fully expressive human being. Together, these systems, comprised of matter, chemicals, energy, and mental and emotional components, form a complete picture and capabilities. Only the comprehensive integration of the five pillars provides this.

You may wonder, or not, where consciousness fits into all of this. That topic deserves another book entirely. Still, for those eager to grapple with the concept, it's all entwined with consciousness. And for those less ready, we'll refer to it as energy for now. Anyone who takes issue with the term energy should direct their inquiries to Tesla or Einstein, not to me. Any doctor, scientist, or individual who dismisses the energy component from the equation is left with not an equation but a one-sided proposal. Thus, the future of medicine must also encompass energy, as it does matter. I propose this equation:  $\text{Consciousness} = E = Mc^2$ .

Many forms of alternative medicine exist, yet in truth, they aren't alternatives to conventional medicine. To deliver or offer genuine medicine to the world, a doctor must at least embrace the five pillars touching upon human health. Once these five pillars of Ultimate Medicine have been mastered, their application

in conjunction with other natural healing methods can be substantial, yielding a highly beneficial form of treatment.

To treat a human being with Ultimate Medicine, we need to incorporate at least four or more approaches and types of medicine.

Our world is ready for the impending generation of new doctors. Our patients deserve the upcoming generation of new doctors.

Ultimate Medicine represents the vanguard of future medical practice, as Quantum Mind Medicine (QMM) continues to evolve and grow increasingly precise in application. Quantum medicine's prevalence and medicalization are rising due to recognizing the frequenization concept.

As futuristic quantum devices such as cell phones, computers, and others materialize, so too does the convergence of human treatment and quantum devices.

Energy and consciousness, until recently overlooked and scarcely acknowledged, are now regularly employed due to their inherent power and potential. Patients across the globe are increasingly demanding that healthcare providers think outside their traditional boxes. Until now, most of these educational "boxes" have not extended beyond the MD, DC, and DOS. Still, the advent of the new UHPD degree will enable this expansion.

Is this UHPD degree already available in universities around the world? Not yet, but it is my mission to establish the inaugural university to offer the Ultimate Health Provider Doctor degree. I am confident that many other universities will follow suit and incorporate this into their curricula.

The UHPD degree and doctors are necessary for our rapidly advancing world and its inhabitants. I invite your country to join me in creating the premier Ultimate Health Provider Doctor university. Are you ready to embrace this transformative journey?

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# The Quantum Mind Medicine Document Theory I

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It posits that man is the nexus between the cosmos and the earth. The premise is that the human body is sustained, nourished, and activated by an energy source of informational light. This energy continually feeds the person, entering invisibly through the head and reaching the brain, where it transforms. Given its cosmic origin, this energy serves as the conduit linking us with the cosmos and planet Earth. In Hebrew, this light source energy is called 'Reder,' a term derived from 'Rettet,' meaning vibration, and 'Tedder,' meaning frequency. This amalgamation yields 'Reder,' also known as 'Frequenization' in English. Every human being is a manifestation of their unique Frequenization that formed and operated them.

A particular Frequenization is exclusively received by an individual, leading to their creation, birth, and development into a human with specific physical traits and unique character. Each person is an embodiment of unique light source energy, transformed from invisible light to a denser form of light encapsulated within the skin. This encapsulation differentiates one human being from another, providing the possibility to experience the world humanly.

The absorption of light source energy by a human being is a phased process. When the sperm and the egg converge, the Reder or Frequenization connects to the fertilized egg, providing the necessary energy and information for development into a fetus, then a newborn baby, and eventually a fully-fledged human being. At each stage of cell division, the energy level changes and increases, with the corresponding information guiding the development and activation of the fetus. The birth process represents a transition from one state of existence to another, facilitated by the Reder or Frequenization.

After birth, a critical aperture, the fontanelle, remains open in the child's skull, serving as a conduit for the continual flow of Reder. The brain, specifically the cerebrospinal fluid (CSF) within the third ventricle, absorbs this energy. The CSF, with its mineral crystals, serves as a prism that transforms the powerful informational energetic light into various colors, each carrying distinct information. The cerebral cortex probably hosts the energy conversion process, translating the information received and converting it from cosmic to biological energy.

Post-conversion, this energy, now biological, continues through the thalamus and other pathways, carrying precise information for the activation of the genetic array, DNA, and the physiological impetus that drives all bodily systems. The energy flows throughout the body, distributed via the spinal cord and the nervous system to every organ and system. This energy flow persists around the clock until the moment of death.

In addition to the nervous system, another potent system is the heart, which generates a strong magnetic field. Combined, the nervous system, brain, and heart generate an electromagnetic force.

In essence, the Reder, the powerful informational energetic force from outside the body, shapes and continually operates our physical form. Our brain and heart then transmit this transformed electromagnetic force back to the quantum field. The more intensely we absorb and convert Reder into biological energy, the more robust the transmission of our presence into the environment.

In terms of spiritual terms, Reder can be likened to the spirit, and biological energy to the soul. The Reder is the specific

informational energy linking humans to the cosmos, while the soul is the biological informational energy driving our body and mind.

The Quantum Mind Medicine Document Theory delves further into human existence, suggesting that it is our Reder, or more scientifically, our electromagnetic brain-heart transmission back to the quantum field (or the divine field, or the cosmic field, however you prefer to refer to it), that delineates one human being from another. The potency of this transmission reflects the individual's personal strength, efficacy, spiritual, mental, and physical capacities on Earth. The strength of a person's electromagnetic transmission can be scientifically measured. Research conducted by The Heart Math Institutes confirms that there are distinct differences in the power of transmissions from individual to individual.

The reception and conversion of Reder depend on the physiological conditions of the skull and brain. Subsequently, the transmission of the converted biological energy to other body parts and systems relies on the integrity, complexity, and structure of the nervous system, skeleton, joints, and spine.

The intensity of Reder reception and its transmission back to the quantum field are mutually dependent. It's essential to note that an individual, particularly in the early stages of their journey as a baby, may not necessarily impact the reception of Reder. However, as time passes, they can indeed affect it.

A person's level of consciousness plays a key role in the reception of Reder and the electromagnetic transmission back to the quantum field. The more potent an individual's presence in the earthly realm, the stronger their transmission will be to

the quantum field. Higher intensity of existence correlates with a more potent transmission. The more the individual intensifies their Reder reception and content, the greater their worldly abilities, reaching elevated mental and spiritual heights, which can further translate into higher earthly capabilities, including inventions, material goods, wisdom, and knowledge. Enhanced absorption and conversion of Reder can boost physical and physiological health, wisdom, and transmission capabilities, resulting in a stronger and more potent quantum field.

Every act of transmission and reception elevates our awareness or consciousness as humans to a higher level (Reder and electromagnetic intensity). Therefore, the consciousness level, the very essence of our existence, plays a significant role in the reception of Reder, its conversion to electromagnetic intensity, and retransmission as a life-giving cycle. This nourishment flows from the cosmos to us and then back to the cosmos.

When we say that "thought creates reality," it is based on the understanding that "what you send out will come back to you." Humans often struggle with the notion that this is the essence of existence and that they can influence their lives and create their realities. Our realities are of our own making. We create our worlds based on our thoughts, beliefs, perceptions, and behaviors.

The unfortunate states of pain, illness, poverty, fear, depression, anxiety, and loss serve as wake-up calls urging us to move on to the next level of existence from our current state—those who fail to understand this experience recurring physical, mental, finances, and relationships challenges. You must alter your awareness and consciousness level, to change your reality,

absorbing and broadcasting your existence in a new, elevated form superior to your old reality. However, despite growing understanding and movement towards this direction, only a fraction of the global population truly embraces this philosophy.

People gravitate towards practices like yoga, meditation, prayer, and mindfulness in search of life's purpose and essence. These activities represent quests for mental leaps that have the potential to transform our level of consciousness, paralleling the shifts our planet is undergoing. A metamorphosis in consciousness is discernible with the passing of time and the evolution of humankind, all proceeding at its own unique pace.

A hallmark of human progress is the development of medicine. Until now, the prevailing views of traditional medicine and its leaders have largely dictated our health system. However, we have reached an inflection point where physicians must transcend their current consciousness level to pioneer the next phase of medicine.

Traditional medicine appears to have reached an impasse, primarily fixated on the chemical and surgical treatment of the body while overlooking other integral facets that constitute their patients.

At the core, human existence is underpinned by energy and information, the sustenance of which continues until our final moment. Our existence is also nourished by food (biochemistry) and the soul, representing our spiritual, mental, and emotional states. An integrated approach to treatment that addresses all these dimensions is crucial to maintaining human health, which depends on energy, psychology, matter, and biochemistry.

Merely adhering to the chemical and surgical treatment paradigm will not propel humankind to its next frontier but instead trap us in a vicious cycle of illness.

A leap in consciousness within the realm of medicine signifies a corresponding leap for its practitioners, which will subsequently reverberate to their patients and the world. Quantum Mind Medicine brings physicians to a new level of understanding, offering novel insights about the essence of human beings, their composition, and how to manage it for enhanced capabilities.

The elevation of physicians will catalyze the advancement of medicine, which in turn will stimulate the upgrade of humanity. This cycle will inevitably propel the evolution of our planet.

Disease often originates from aspects of an individual's existence that no longer serve their well-being. If a person's doctors fail to recognize this, they will inadvertently reinforce the behaviors and beliefs that led to the illness, exacerbating the individual's condition.

Quantum Mind Medicine allows physicians to understand that a person, while composed of a physical body of flesh and blood, essentially consists of interconnected organ systems. These systems are built from individual organs, comprising specialized tissues dedicated to their specific functions. These tissues are formed from cells designed precisely for their specific roles in the tissue and organ. With its perfection, the human body may contain approximately 50 trillion cells or more, each constructed from specific molecules suited to the cell's distinct requirements. Each molecule is composed of a particular set of atoms that construct the molecules to build the appropriate cells.

Each cell is composed of a hundred trillion atoms, and each atom consists of 999999999999.99% energy, space, and information, with only %0000000000001.0 representing matter, the essence of the proton.

Therefore, when we scrutinize the physical essence of humanity, we find that from the whole body down to the smallest cell, we are composed of atoms, predominantly made of energy, space, and information rather than matter.

So, why do our doctors primarily treat us as if we are composed entirely of matter instead of energy and information? It's because this is what they are taught! It's worth noting that emergency situations do necessitate surgical, physical, and chemical interventions as appropriate.

Man, an entity fashioned of matter, with his Reder, vibration and the frequency of his atoms, is equipped with an extraordinarily intricate brain and corresponding nervous system. The brain conducts trillions of operations per second, facilitated by approximately 100 billion neurons. Additionally, our minds exhibit a precision in energy distribution called BECS (Brain Energy Compartment Synchronization) across its different departments as needed. Concurrently, our brain creates measurable waves like alpha, beta, theta, delta, and gamma. These brain waves stimulate our biochemical system, activating our hormonal system, leading to sensations and emotions that produce physical, mental, and spiritual effects.

Through the use of Quantum Mind Medicine, we can influence and modify the energy system with biological energy (touch) or instruments. This alteration affects the body's overall energy, the brain system, the hormonal system, and, therefore, the mental,

spiritual, and biological aspects.

The body operates as a unified whole according to a specific Rader. When this Rader is compromised, it can disrupt the energy system, leading to imbalances in the hormonal, physiological, mental, and emotional brainwave systems. Similarly, physiological disruptions like fractures, tumors, infections, pain, or disease can throw the system out of balance. Mental and emotional turmoil can also disturb the Rader system, leading to hormonal and physical changes due to shifts in brain waves.

Therapy need not always target the biochemical, physical, emotional, and mental systems. Ultimately, everything is tied to the energy system, which can impact various areas and systems. Restoring only a specific area, such as mending a fracture, may not be sufficient if the energy array is not concurrently addressed. First responders must handle the immediate emergency and then address the energy aspect, which may be compromised due to the crisis.

The human body operates on several parallel energy levels, corresponding to levels of consciousness. Human and biological contact can trigger a response in brainwaves, alter the respiratory system, and induce changes in the cardiac-magnetic system. Shifts in consciousness can bring about sensory changes, leading to physical, mental, and biochemical adjustments. The form, area, number of fingers, hand position, and depth of contact can induce varying degrees of change in these systems.

Touch can stimulate cognitive, subconscious, conscious, and super-conscious changes, impacting emotionally, mentally, spiritually, and physically as needed, according to the patient's condition. Primitive consciousness, conscious consciousness,

subconsciousness, and super consciousness can be activated through precise human body contact. Depending on the touch, we can trigger a certain level of consciousness that induces physiological, mental, and biochemical changes. Properly harnessed, the superconsciousness within us can expedite physical, mental, and health changes more swiftly than usual.

The essence of Quantum Mind Medicine is a "game" between human consciousness, striving to transcend the limitations of our familiar five senses. Using Quantum Mind Medicine can elevate the potential level of our minds. The adage that we only use about ten percent of our brain's capabilities when we utilize our brains and minds through the five senses. However, by accessing our minds from a perspective that includes our super-sensory abilities via the superconsciousness within us, we can reach loftier levels of existence in every facet of our lives, including our health.

Our bodies, particularly our skin, operate as intricately designed touch screens. The skin, an organ of exceptional sophistication, conveys information across multiple levels of consciousness: conscious awareness, tactile sensation (heat, cold, etc.), extracorporeal and intracorporeal information through the nervous system. Moreover, the skin processes information through our superconsciousness that lies beyond our conscious perception, such as the sense of being watched or feelings associated with the so-called "sixth sense." It's worth noting that the skin and brain share a common embryonic origin, the ectoderm.

Our skin delineates our physical boundaries and, coupled with our biological energetic field, carves out our societal living space.

Yet, our existence is not confined to the physiological limits set by our skin. An electromagnetic field radiates from us, serving as an extension of our being. Each person has this biological field, which explains why we naturally maintain a certain distance from one another—a buffer known as personal space, ensuring comfort and protection for our personal energy system.

Quantum Mind Medicine taps into this biological energetic field, utilizing it with or without physical contact to treat patients by altering their level of consciousness and brainwaves. As consciousness and brainwaves shift, the body adapts according to the nervous and corresponding hormonal systems, modified according to the patient's needs.

This treatment process is known as Reder in Hebrew or Frequenization. These terms have been submitted to the Israeli Language Academy for approval.

During Frequenization, the practitioner applies a contact technique that induces changes on multiple levels. The first level involves physical contact with the body, altering specific levels of consciousness through initial Frequenization. The second level uses specialized contacts to the head, inciting shifts in brainwaves that result in patient relaxation and synchronization of all brain compartments, fostering the necessary changes within the body and its systems.

Frequenization triggers several parallel modifications in the body and its systems, mind, emotions, blood chemistry, and pathological physical and mental conditions at certain levels. Additionally, Frequenization induces almost instantaneous changes in traumas that the patient has experienced in the recent or distant past, whether physical, chemical, emotional, or

mental.

The goal of Frequenization is not to treat diseases, injuries, or traumas per se. Instead, the purpose is to bolster and restore the energy level to its optimal position at any given moment. The more a person undergoes Frequenization, the closer they align with their human, physical, mental, and biochemical capabilities.

Three primary factors disrupt human Frequenization levels.

First are human thoughts. These can uplift, strengthen, and bring joy, or they can be detrimental, fostering depression and frailty.

Second is diet and exposure to addictive substances on any level. Nutrition is a crucial factor that induces biochemical and physical changes and impacts self-esteem due to appearance. Proper nutrition strengthens human Frequenization and shields against illness through the immune and hormonal systems. Correct nutrition can also prevent obesity, avoid insulin resistance, maintain a balanced PH system, and stave off illness and bodily degradation.

Thirdly, the skeletal system and the spinal column play crucial roles. This system is pivotal for maintaining brain and nerve functions. It is essential for receiving our Frequenization energy, converting it into biological energy, and transmitting neural messages from the brain to the spinal cord, peripheral nervous system, organs, and systems. This information is then returned to the brain for data processing and continued information transmission. If compromised, this system could disrupt the reception of Frequenization energy, its conversion into biological energy, and its transfer to other body parts and systems.

Frequenization energy, a sustaining force that flows through us

beyond our control, can be augmented by our mindful actions. It is within our power to enhance this energy by adopting a positive mindset, engaging in precise physical activities such as exercise, evading injuries, and nurturing our mental and physical bodies through a balanced diet. Our ability to transmit Frequentization energy back to the quantum, divine, cosmic, or universal field, depending on one's preference, lies within our control.

We persistently communicate information back to our source, the light energy source, or, to put it plainly, our circumstances are continually being broadcasted to our environment. As previously mentioned, our brain produces electrical waves, and our heart generates a magnetic field.

Elevated states of consciousness or awareness intensify the transmission of our existence to the field. When we exist in states of amplified love, courage, inclusivity, generosity, and self-connection, our Frequentization energy is potent, reaching far and wide. It is received in the quantum field at the highest energetic level and reciprocates equally.

Those with robust Frequentization levels radiate this energy into their environment, influencing the behaviors of people, animals, and plants. Think of charismatic celebrities who emit a powerful energy that captivates and impacts their audience.

However, this power can be wielded negatively. Individuals with high Frequentization levels can project negative energy into their surroundings, repelling people, animals, and plants. While this negative energy still emits powerfully into the quantum field, it can be harmful to those who come into proximity.

Quantum Mind Medicine offers a means to liberate individuals

from undesirable conditions that disrupt their Frequenization levels. This is achieved indirectly by bolstering the patient's Frequenization levels, which, in strengthening, can sever ties with detrimental factors.

Quantum Mind Medicine is the bedrock of Ultimate Medicine as it aligns individuals with their unique life paths and Frequenization levels. Consequently, patients can regain equilibrium and convert sickness into health. It does not merely address symptoms but targets the root causes, enhancing our vital power to tackle almost any life challenge.

Sadly, medicine often addresses the symptoms and consequences rather than the root cause of a patient's problems. While symptomatic care has its place, it should accompany deeper treatments that empower the energetic force that animates, sustains, and empowers us to attain our maximal potential at any given moment.

Quantum Mind Medicine, a cornerstone of the Ultimate Medicine I developed, equips patients with a powerful foundation to handle virtually any mental, biochemical, and physical condition. It enables them to align with their creative path and lifeline, confronting any health or existential challenge. Without Quantum Mind Medicine, we risk reducing the medical world to a field that perpetuates rather than alleviates illness. Therefore, it is time for a conscious leap forward to the next stage in medicine, Quantum Mind Medicine.

Albert Einstein, a visionary far beyond his time, articulated in his famous equation  $E=mc^2$  that mass and energy are two sides of the same coin. This equation suggests that a minute mass can be transformed into a vast amount of energy and vice versa,

a notion validated by Cockroft and Walton in 1932. This iconic formula underlines the interchangeable nature of energy and matter. Likewise, Nikola Tesla emphasized that, at their core, all things are energy. Therefore, humans are, in essence, energetic entities embodied in physical form.

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# The Quantum Mind Medicine Document Theory II

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Quantum Mind Medicine, as a concept, owes its existence to the intricacy of human beings - their capacity for terrestrial connection, physical and energetic, facilitated by their complex and advanced nervous system. One can observe this intricate network of neurons, the brain, and the heart in the works of Sir Roger Penrose, Dr. Stewart Hammerhoff, among others.

Discussions in medicine commonly revolve around the interaction between doctor and patient. Quantum Mind Medicine doesn't deviate from this interaction. However, what sets it apart is its potential to not only treat the sick but also guide both the unwell and healthy toward their next level of consciousness.

In this context, we must understand that "level of consciousness" refers to a person's abilities, awareness of self and the external world, and their mental, emotional, cognitive, and physical capabilities. Moreover, it denotes a person's overall existential competence.

One crucial factor, which, in my opinion, is pivotal for guiding patients to their higher potential health, depends on the doctor's consciousness level and, consequently, their abilities.

What then enables the application of Quantum Mind Medicine in humans?

It is our energetic existence, the operations of our body expressed through electric waves, a magnetic force, and the intersection of the two, i.e., electromagnetic. In addition, resonance and biochemical interaction translate into physiological actions.

For our body to function optimally, it must operate synergistically. This includes the electrical brain waves, the

heart's pulse and motion—both magnetic and electric, and the hormonal (biochemical and electrochemical) and synaptic electrochemical, which leads to muscle reactions and internal skeletal and tissue movement (e.g., blood vessels, arteries).

Additionally, resonant energy will traverse through all body systems, tissues, and fluids. This resonant energy, in conjunction with the electromagnetic structure of our physical body—crystallized from light and energy into visible existence—provides a strong basis for Quantum Mind Medicine. By comprehending the systems that create and sustain human beings, we can learn how to treat, heal, and elevate them to consciousness levels that facilitate all of the above.

Before delving into the treatment capabilities and forms, it is vital to identify what causes a person to lose their abilities, causing harm to their systems, organs, and body cells, leading to disease, pain, anxiety, depression, or any other sign or symptom indicating their condition.

In summary, Quantum Mind Medicine is a discipline that permits the unification of the energetic informational and physical body into one entity. Through a specific energetic level of consciousness, even without any physical contact, Quantum Mind Medicine enables a doctor to alter and enhance a patient's energy and information, instigating physical and energetic changes.

These energetic and physical changes bring about alterations in the body's ability to heal and overcome illness and injury, as well as emotional, mental, and spiritual transformations. The elevated level of consciousness achieved by the doctor can impact a particular level of consciousness in the patient, propelling the

patient toward their next potential health capability.

In Quantum Mind Medicine, physicians acquire the theoretical, conceptual, perceptual, and practical tools to treat patients quantumly—energetically, informationally, physically—and consequently induce significant changes. Physicians learn to elevate their consciousness, thereby altering their energetic state and, without physical contact, catalyzing quantum leaps of consciousness in their patients.

These jumps in consciousness heighten the body's capabilities by providing the patient with a new energy level. The sophisticated nervous system then transduces this into concurrent physical, chemical, and mental faculties, typically heightened.

Our existence relies on our Frequentization level, our vibrational frequency, which imbues life force in a person. Our Frequentization energy is our cosmic human energetic signature, the light informational energy that forms us, shapes our appearance through genetic activation, and contributes to our personality formation.

A 'dimming' of our Frequentization energy level can destabilize us in various life domains. Since we are quantum biological beings, every cell, system, and organ in our body depends on our Frequentization energy level in its intensity and precision.

Take, for instance, a light bulb designed for 100 volts but supplied with 80 volts. The emitted light will be suboptimal for the user. Likewise, our brain can produce around 100 microvolts and more when our body is healthy. However, as the body falls sick, the electric voltage diminishes in the brain.

This decrease in electrical power may compromise the brain's

energetic conversion into biological energy, thus impacting the rest of the body. Consequently, the body operates sub-optimally, and all its actions, akin to a chain reaction, may be compromised. As a result, overall health diminishes.

The subsequent 'unfolding' is a spectrum of illness, myriad pains, mental complications, breakdowns, or various life stages. Three main things can destabilize our Frequenization energy level:

Mental and emotional state, beliefs, perceptions, life experiences

Biochemical status related to nutrition and environment: food, drink, alcohol, cigarettes, drugs, etc.

The integrity of our body structure due to injuries, accidents, habits, etc.

The ailments, pain, anxiety, injuries, and depression aforementioned are signs and symptoms with a bidirectional interaction. Each can cause the Frequenization energy level to 'dim,' and vice versa.

A person's consciousness level is key to their optimal existence. It's linked to their level of awareness and wakefulness (being awake beyond open eyes). We are expected to make consciousness leaps as we develop from infancy to adulthood. Consciousness forms the basis of our existence, and it 'leaps' our awareness to the next level.

Once we exhaust the next level of awareness/consciousness, we should ascend to our next elevated consciousness level. Consciousness holds our future possibilities, abilities, and potential; awareness is our last learned stage. That's how we make quantum leaps of consciousness awareness.

The human brain and its sophisticated nervous system can facilitate quantum leaps of consciousness. Still, much of our study, education, upbringing, and beliefs (religions, etc.) coax the individual to persist in existing beliefs, perceptions, and paradigms, which seldom allow quantum consciousness leaps.

How is all this change possible? What's its relation to Quantum Mind Medicine and the upcoming generation of doctors and caregivers? And why do patients seek indirect help?

An indirect quest for help from patients implies they approach the doctor or caregiver with apparent illness, pain, or possible mental disorder, unaware that these are mere indications of being stuck at their current awareness/consciousness level, which no longer serves them.

The person's mindset determines their existential potential on Earth. The level of existence—whether low

The solution, as it seems, hinges upon the "programming" they received - the belief systems embedded, the concepts absorbed, and the shape of their education. Was it formed for intellectual disability? Or for the cultivation of open-mindedness? Was it a path lit by encouragement or clouded by intimidation? Was it fostered through empowerment? Or strained under oppression? Shaped under the hammer of humiliation? Or molded with love? Was it honed within the narrow confines of a single religious dogma or enriched by the wisdom of diverse faiths worldwide?

Each aspect, in its own unique way, sculpts the individual for their journey, roles in life, contributions, and strengths as beings pulsating with emotion, brimming with feelings, and gifted with extraordinary performance capacities.

We, as humans, are intended to coexist in symbiosis with fellow humans and the natural world. Disruption of this balance makes its presence known through disease, destruction, wars, and catastrophes of our own making.

Each person on this planet resembles a single cell in the vast organism of humanity. In performing its function and communicating with all other cells in a holographic manner, every cell continues its existence until its final moment. Deviation from its purpose or unchecked replication may endanger not just the system to which the cell belongs, but the entire organism itself.

In the same vein, every individual - each a human cell on our planet - straying from his functions, understanding, and perceptions can wreak havoc on the rest of the earth and all of humanity. A predicament we have been grappling with for far too long now.

As human consciousness ascends, incrementally pushing the boundaries of understanding, we might perceive more individuals aligning themselves into a symbiosis of shared assistance and constructive, rather than destructive, competition. At this pivotal juncture of burgeoning awareness, we witness an encounter between this expanded consciousness and the global health and medical authorities. A meeting not just with the individuals suffering from physical and emotional ailments but with the symbolic manifestation of their challenging existence. We confront an opportunity to provide real, profound assistance instead of simply medicating them into oblivion. To treat rather than sedate, that's the key. With this paradigm shift, humanity could be poised for significant progress.

The evolution of global perception and consciousness thus plays a crucial role in reshaping humanity, propelling us to a higher

plane of consciousness. Patients may gain fresh perspectives by altering their thinking about their health, fostering emotional and mental transformation, and adapting their bio-nutritional chemistry. These changes, in turn, could stimulate their immune system, promote a healthier disposition, and elevate consciousness simultaneously.

This shift in the consciousness level, brought about by changes in perception and behavior, can promote improved health and overall well-being, potentially sparking further alterations in consciousness and human behavior. A shift that inspires us to see ourselves in others and perpetuates human symbiosis. This transformation, facilitated by a novel understanding of medicine, challenges the perceptions of fear, illness, pain, anxiety, and depression, substituting them with a perception of capabilities, empowerment, love, health, and joy. This shift would lead to changes in our brainwaves, enhance our energetic frequency, augment the energetic potential of the heart, and elevate our electromagnetic energy to align with the cosmic field, benefiting humanity both individually and collectively.

What, then, separates the waking human from the sleepwalking one? How does one discern different levels of consciousness? Look within, introspect. Evaluate the degree of your motivation driven by fear of threats. Gauge your susceptibility to media that prompts actions rooted in apprehension, fear, or anxiety. Measure the inspiration derived from the bravery, love, and non-judgment of others or circumstances beyond your control.

Consider the number of people swayed by your counsel and leadership, or the number of individuals whose direction you follow. These might indicate your position in life. The more

"awake" you are, the more influential you become - not in a negative sense, as the most common human state is indeed 'sleepwalking.' Higher consciousness correlates to our individual advancement, implying better health, strength, and resilience.

Conventional medicine, which often employs fear tactics and treats symptoms rather than root causes, should be closely scrutinized. The human element, often overlooked, is fundamental! Quantum Mind Medicine recognizes the intricate blend of our body, soul, and being - a symphony of light-energy, information, and matter in perfect harmony. The invisible world teeming with light, energy, darkness, and information manifests in our material realm, creating our biological body and everything else visible, be it plants, animals, or inanimate matter.

Consider, if you will, the celebrated formula of Einstein,  $E=mc^2$ , the dance between matter and energy, both sides of the equation - the shift from mass to power and back again - equal parts of the same expression. As an illustration, one may easily comprehend that a remote control can activate a television from a distance. However, the difficulty emerges when we extend this understanding to our own being - the acceptance that we, too, are activated from afar, appearing here as local entities.

In its tactile and tangible form, matter is easily grasped by the human mind. Yet, the concept of anti-matter, a minute weight of which possesses power far exceeding that of tons of matter, presents a more formidable cognitive challenge.

Enter the realm of Quantum Mind Medicine, where the full spectrum of  $E=mc^2$  is explored. Here, the individual can be stirred into a state of recovery and convalescence through

energy and information, bypassing physical contact with the body. Conversely, the energy and information that nourish and create matter - in this context, our bodies - can be transformed through contact with matter.

In the practice of Quantum Mind Medicine, the physician learns to enhance, refine, and adjust their own energy frequency level, subsequently acquiring the capacity to impact and improve the energy frequency of the quantum being - the human.

Humans, as earthly creations with multidimensional abilities operating through our bodies, brains, and complex nervous systems, are entities capable of tremendous achievements. Our human nervous system, both mental and physical, maintains an intricate, sophisticated dialogue with the quantum field, a part of which it is inseparable.

The quantum field is a repository of all knowledge and potential, a holistic union connecting all that exists. As we perceive or comprehend the quantum field, we are unified with it, able to tap into its boundless potential, ready to serve the individual capable of such connection. This insight, inherently linked to the field, directly correlates with a person's consciousness level and their ability to harness its bounty. We are an integral part of it, and it, in turn, is a part of us.

As the individual's consciousness level ascends, they can tap into higher strata of potential latent in the field, serving both their personal objectives and the broader collective. However, detecting the quantum field is a complex task, akin to a fish trying to discern that it exists in water until it finds itself outside of it. A living, growing, and even inanimate being harnesses the "water field" - or any field it finds itself within - instinctively for its

needs, yet may remain oblivious of its existence.

Quantum Mind Medicine, the avant-garde of therapeutic methods, presents an alternative. In this progressive field, the physician becomes a student of the unseen, a scholar of the quantum realm, learning to perceive the existence of the quantum field and the potential of connection. As consciousness ascends in tiers, the doctor grows in capability, capable of meeting patients where they are and leading them toward recovery and rejuvenation.

No longer reliant solely on pills, drugs, or the surgeon's blade, Quantum Mind Medicine presents the possibility of re-establishing a robust connection with the quantum field. We witness an impoverished connection to the quantum field in sickness and its derivatives. As beings on this earth, we inherit an incredible power bestowed by our connection, our interweaving with this formidable field. To relearn our capacity for connection, our ability to draw nourishment from it, is to approach our latent potential as superbeings.

Conventional medicine seems to run from the quantum field and its patient-focused ethos in its race toward increasing specialization

. But Quantum Mind Medicine advances unerringly toward it. Despite the world's patients being steeped in the familiar confines of conventional medicine, there is a slow but steady shift toward the novel methods of Quantum Mind Medicine; more and more individuals seeking out its services, attracted by the promise of the new medical frontier.

The primary challenge lies in demonstrating the possibilities

of Quantum Mind Medicine through tangible patient results. The battle is against deeply entrenched programming, preconceptions, and beliefs about what treatment should entail.

Yet, there is an opportunity in the growing readiness for change within the medical community. This shift could spark a domino effect, elevating the consciousness of their patients, and, in turn, the collective human consciousness. A significant paradigm shift commencing with those currently burdened by illness, their elevation in consciousness could be the beacon for the rest.

This new medicine paradigm, "Ultimate Medicine," amalgamates five distinct methodologies: conventional, chiropractic, biochemical, immediate psychology, and Quantum Mind Medicine. This integrative approach provides a significant bridge for both physicians and patients, an avenue toward healing and elevated consciousness.

This bridge, this conceptual ductility, permits a gradual pivot away from antiquated perspectives and towards a new dawn. The leap from conventional medicine's comforting familiarity to the daring novelty of Quantum Mind Medicine. A transition that is necessary, for without it, the medical fraternity shall continue to shuffle sideways, never soaring to meet the elevated consciousness that encompasses human potentiality in all its glory.

This new therapeutic paradigm doesn't simply apply the science of medicine but embraces the art of love, tapping into the latent power and courage of the individual. In service to this end, patients emerge stronger and healthier, their wellness amplified through the utilization of Quantum Mind Medicine.

Ultimate Medicine, this hybrid behemoth, marries the strengths of conventional, chiropractic, biochemical, immediate psychology, and Quantum Mind Medicine, all operating under the deft guidance of a single physician. This potent amalgamation, especially with the inclusion of Quantum Mind Medicine, fortifies the doctor's arsenal, propelling humanity forward and upwards.

The shift from the standard, the conventional, to Quantum Mind Medicine is not merely a methodological transition but a leap in consciousness, a leap toward humanity's next evolution. It proffers abilities that transcend the physical realm, the soul, and the spirit, challenging the preordained limitations imposed by societal conditioning.

Take the feat of climbing Mount Everest, branded impossible until Edmund Hillary and Tenzing Norgay defied this in 1953, reaching the peak and living to share the tale. As human consciousness stretched to accommodate this new reality, countless others repeated the feat, scaling heights once deemed unreachable. Numerous examples of such paradigm shifts pepper history, testaments to humanity's potential to shatter the confining boxes of present consciousness and ascend to newfound heights.

A small but significant subset of the population forges new paths in life, trailblazers whose audacity and innovation inspire others to broaden their thinking and explore untapped territories. The majority, however, find comfort in established trails, deeming uncharted territories non-existent until a pioneer dares to tread where none have before. Ultimate Medicine symbolizes this trailblazing spirit, laying down new routes for doctors and

healthcare providers, notably those practicing Quantum Mind Medicine.

Quantum Mind Medicine is the vehicle that facilitates this breakthrough, bridging old and new, past and future. It's the compass that guides humanity and its healers towards their full potential, towards the expanse of what could be.

In the grand tapestry of human evolution, our physical and mental capabilities have burgeoned, enriching all facets of our existence. Yet, when it comes to our health and wellness, we are often trapped by antiquated dogmas, reluctant to acknowledge the potential within us to heal and recuperate from the throes of disease. Enter Quantum Mind Medicine, a panacea that empowers us to traverse beyond the realm of traditional understanding and actualize our health potential.

Quantum Mind Medicine provides the lens to gaze beyond the veil, giving us insights into our true capacities and limitless health potential. This revolutionary shift towards Quantum Mind Medicine has already taken flight, burgeoning across two main arenas- quantum biological medicine and instrumental quantum medicine. This amalgamation, a harmonious convergence of the two realms, heralds the advent of significant strides in medical and health advancements, not only for individuals but for our fragile planet.

The journey with Quantum Mind Medicine commences with a profound explanation. Patients are edified on their physical and energetic composition and guided on the road to potential wellness. This education forms the foundation upon which active, physical treatment is built.

In essence, Quantum Mind Medicine drafts a fresh blueprint, a manual that illuminates the intricacies of the human body. A refrigerator, television, car - all come equipped with an operation manual. So, why not humans? The typical response from patients to the question "Who are you? What are you?" is shrouded in mystery and uncertainty. And therein lies the crux - when you and your doctor grapple with understanding your true essence, how can treatment commence?

This problem is where Quantum Mind Medicine intervenes, constructing a bridge between the tangible - the physical human form - and the intangible - our energetic essence, a radiant beacon that condenses into physical matter. Ultimate Medicine acknowledges the full complexity of the human being, encompassing biochemistry, psychological aspects, musculoskeletal conditions, pathology, and physiology. It integrates diverse medical modalities to address this complexity holistically.

Those who remain within the confines of traditional boundaries, resistant to exploring novel pathways and inherent potentialities, may find themselves shackled by outdated concepts and restrictive statistics. Adherence to the 'old and comfortable' no longer serves humanity and has hindered progress for some time. The shift in consciousness is underway, with more individuals poised to embrace this new paradigm.

Dare to venture beyond the known. Join those who have crossed this line, journeying to elevated planes of awareness and consciousness concerning human health. Quantum Mind Medicine serves as the conduit, bridging the gap between the comforting familiarity of traditional medicine and the bold,

transformative future of healthcare.

The next era of medicine beckons, ready to welcome us into its fold. All that remains is for us to gather the courage to cross the bridge...

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# The Architect of Ultimate Medicine:

## An Insight into Dr. Dreamer's Journey, Enriched with Full-Motion Video

Introducing Dr. Dreamer, the visionary behind **Ultimate Medicine** and **Ultimate Health Provider** Doctor. Gain valuable insights from his expertise in the accompanying videos.

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## Ultimate Health Provider Doctor - Ultimate Medicine



As healthcare providers, we must broaden our range of tools and techniques to ensure comprehensive patient care.

## Ultimate Medicine - Reder, The Vibrational Frequency



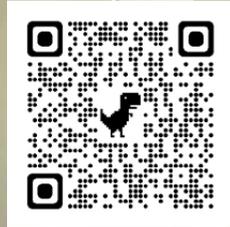
What exactly is "Reder"? In Hebrew, "vibration" is referred to as "Retet," and "frequency" is known as "Teder." Combining these two terms yields "Reder," signifying the concept of vibrational frequency.

## The Five Pillars of Ultimate Medicine



The Ultimate Health Provider Doctor must excel in five key areas of knowledge: conventional medicine, chiropractic, biochemistry, immediate psychology, and Quantum Mind Medicine.

## Ultimate Medicine - Quantum Mind Medicine, QMM



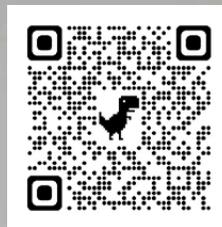
Why not use energy to treat energy? Our bodies are made of organs, tissues, blood, and flesh. These tissues are made of cells, which are made of molecules, which are made of atoms. Atoms are the smallest bits of matter, made of even tinier particles filled with energy. So, why not?

## Ultimate Medicine - Immediate Psychology



Dr. Dreamer shares a success story about Immediate Psychology. After only three sessions, Dr. Dreamer helped a patient who felt like a victim due to past trauma. Through these sessions, Dr. Dreamer empowered the patient with tools for success and resilience.

## Ultimate Medicine - Musculoskeletal Medicine



Professions in musculoskeletal medicine, such as osteopathy, chiropractic care, and physical therapy, play vital roles in healthcare. They're essential parts that complete the field of medicine.

## Dr. Dreamer's Personal Story



Dr. Dreamer recounts the personal journey that guided him toward becoming a healthcare provider.

## Ultimate Medicine - Success Story of Quantum Mind Medicine



We are dynamic beings powered by energy and information. Energy fuels our bodies and carries vital information essential for life. In Quantum Medicine, we treat energy with energy.

## Quantum Mind Medicine, The Energy Flow of the Spine



Dr. Dreamer explores human energy and human skin and how it stores memories and experiences, the good and bad ones. While some issues naturally release, deeper ones may need assistance. Understanding the energy flow of the spine and Quantum Mind Medicine helps unload them and help prevent disease.

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Ultimate Medicine is the revolutionary system created by Dr. Dreamer, combining science and medicine with insights from Quantum physics and the old Jewish wisdom. It is curated of five essential pillars that eventually provide the patients with the tools to assist themselves.

“Ultimate Medicine, another example of your marvelous wisdom.” **Yosef Hai ben Avraham - Rabbi Misterei Haim.**

“Thanks to Dr. Dreamer’s unique concepts and his unique Ultimate Medicine, he managed to cure my family members and me.”  
- **Alon Aboutboul – Top Israeli actor.**

“Thanks to Dr. Dreamer, I avoided injuries and keep in great shape for competitions.” – **Vital Zinger - Israeli gold, silver, and bronze Paralympic medalist.**

“I always felt Dr. Dreamer found the proper solution for me, thanks to his professionalism and unique treatment.” – **Sharon Miron - CEO of one of Israel’s biggest insurance companies.**

“Dr. Dreamer’s treatment really upgraded my life.” – **Dudi Binyamin - decorated Israeli Police serviceman.**

“I am the pilot that I dreamed of, Squadron Commander in the Air Force, and eternally grateful to Dr. Dreamer’s professionalism and passion for his career.” - **Lt. Col Eran K. - an Israeli Air Force fighter pilot and Squadron Commander.**

Dr. Itzhak Dreamer D.C. B.a founded the “Ultimate Medicine” method. The system combines crucial tools from all aspects of medicine: science, psychology, bio-chemistry-nutrition, and Quantum Mind Medicine. The practical aspect and the energy approach. Chiropractor graduate from Palmer University, and Michigan State University in the United States.

